



**Foot & Ankle**  
**PARTNERS OF EL PASO**  
*Dedicated Care*

## **Soaking Instructions for Ingrown Toenail Procedure**

1. Remove dressing from your toe the morning following your nail procedure. If the dressing feels too tight at any time after your nail procedure, please remove the dressing immediately.
2. Gently wash your toe with antibacterial soap and water. Dry toe well. You will need to do this once daily for the next 2 weeks or otherwise specified by your physician.
3. Apply pea-sized amount of Neosporin on your toe and cover with a band-aid.
4. You may notice some mild thin bloody drainage on your toe or on the band-aid. This is normal.
5. If you notice unusual redness, swelling or pus from your toe, please notify your physician.
6. Avoid pedicures and swimming pools for the next two weeks.
7. Should you have any questions or concerns, please call our welcome center at 915-503-2020.